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## About Zuhri Care

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Zuhri Care provides exceptional home care for seniors. We create personalized care plans that focus on seniors' physical, emotional, and social well-being to help them remain independent, comfortable, and dignified in their own homes.

## Our Services

Zuhri Care offers a variety of physical, cognitive, and emotional support services to properly care for your loved ones and help them with daily activities so they can maintain their lifestyle.

### In-Home Care

- **Activities of Daily Living (ADL)** – Our caregiving services encompass everything from helping with everyday tasks, monitoring prescription intake, meal prep and feeding, and light housekeeping.
- **Personal Hygiene and Grooming** – Our caregivers assist your loved ones with personal hygiene, bathing, dressing, and grooming in a discrete and respectful manner.
- **Companionship** – Our caregivers are friendly, compassionate, and caring. They provide your loved ones with companionship and conversation so they remain engaged mentally and emotionally.
- **Physical and Mental Exercise** – We help your loved ones remain physically active through walks, light exercise, and massage. We also engage their minds with board games, puzzles, and reading.
- **Health Monitoring** – We regularly monitor your loved ones' basic vitals such as blood pressure, temperature, and weight.
- **Family Care Giver Support** – If you are your loved one's primary caregiver, Zuhri Care can be there to provide relief when things get overwhelming. Our professional caregivers are available when you need a break.

### Specialized Care

In addition to our regular care, we offer a range of specialized care services.

- **24/7 Care** – Your loved ones will be safe and well-cared for at all times with our 24/7 care services.
- **Dementia and Alzheimer's Care** – We deliver patient and professional dementia and Alzheimer's care that supports cognitive functioning.
- **End-of-Life Support** – We help terminally ill people and their families with end-of-life emotional support
- **In-Facility Care** – We provide care in nursing homes or assisted living facilities.
- **Concierge** – We help with scheduling doctor's appointments, physical therapy, errands, transportation, and household management.